Junior Weekly Programme

MONDAY

TIME	SESSION	LEVEL / AGE GROUP	COACH
4.00pm-5.00pm	Red	5-8 years old	Dan
5.00pm-6.00pm	Orange	8-9 years old	Dan
6.00pm-7.00pm	Green/Yellow Ball	10-12 years old	Dan
7.00pm-8.00pm	Yellow Ball	12 years +	Dan

TUESDAY

TIME	SESSION	LEVEL / AGE GROUP	COACH
3.45pm-4.30pm	Orange	8-9 years old	Dan

WEDNESDAY

TIME	SESSION	LEVEL / AGE GROUP	COACH
5.30pm-6.30pm	Green/Yellow Invitational Squad	8-10 years old	Dan

FRIDAY

TIME	SESSION	LEVEL/AGE GROUP	COACH
2pm-2.45pm	Pre School Tennis	4-5 years old	Dan
5.00-6.00pm	Mini Junior Club Night (last Friday of every month)	5-12 years old	Ari
7pm-9pm	Junior Club Night (last Friday of every month)	13-18 years old	Ari

SATURDAY

TIME	SESSION	LEVEL / AGE GROUP	COACH
9.00am-10.00am	Red	5-8 years old	Dan
10.00am-11.00am	Orange	8-9 years old	Dan
11.00am-Midday	Green/Yellow Ball	10-12 years old	Dan
11.00am-Midday	Yellow Ball	10-16 years old Beginner/Improver	Caitlin
Midday-1.00pm	Yellow Ball	12 years +	Dan

Dan - https://clubspark.lta.org.uk/MilfordonSeaTennisAcademy
Caitlin – https://clubspark.lta.org.uk/CaitlinInglisTennisCoaching
Ari - https://clubspark.lta.org.uk/AriannaRogersCoaching