

WELCOME



TENNIS - SQUASH - RACKETBALL
- BRIDGE - MAHJONG - ART -
TABLE TENNIS - SOCIAL

VISIT US AT

Lucerne Road, Milford-on-Sea, Hampshire, SO41 0PL

OR LEAVE A MESSAGE EITHER BY

Telephone : 01590 643899

OR EMAIL AT:

club@milfordtennisandsquash.net

FOR MORE INFORMATION VISIT THE WEBSITE

www.milfordtennisandsquash.net

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- 7 synthetic grass courts of which 5 are floodlit with no extra charge
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- Adult/Junior/Mini Tennis programme
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- Tennis ball machine (no extra charge)
- Restranging services
- 2 Heated Squash/Racketball courts with viewing gallery
- England Squash coaching programme
- Club kit - Club Shop - top brands of Tennis/Squash available
- Other activities Bridge/Mahjong/Table Tennis/Lucerne Arts
- Changing rooms and showers
- Separate meeting room and function room seating 60 persons
- Bar and lounge with BT sport and tea/coffee machine
- Covered, south facing terrace (a real sun trap!) to the front of the clubhouse and spacious lawn area with court side seating
- Patio overlooking coaching court with covered seating for spectators
- Disabled facilities throughout the club
- Ample car parking



CHAIRMAN'S LETTER

Our club started in 1927 and since that date has been run entirely by volunteers. Each section has a chairperson who attends a two-monthly management meeting, the minutes of which are posted on the noticeboard in the clubs' foyer for everyone to see and comment. An A.G.M. is held each May.

Typically the club has over 650 members distributed over the various sections with the tennis and squash groups constituting the majority of members.

There are various ways to get in contact with the club. You could visit the location in Lucerne Road Milford or simply phone on (01590) 643899. You could visit the website at: www.milfordtennisandsquash.net for the most up-to-date information on who to contact and what activities are currently taking place. Finally, you could send an email to: club@milfordtennisandsquash.net

Whether you are a current member or thinking of joining, you will always find a friendly welcome.

Club Chairman





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TENNIS PROGRAMME

Our tennis programme is designed for players young and old of all standards. We run approximately 20 teams for players who want to compete in local and national leagues.

Each year we run two LTA sanctioned tournaments. In April we run a seniors doubles tournament which includes a large number of county and national players. In August we run a long established junior tournament.

We offer individual and group coaching (see programme below) overseen by our LTA accredited level 5 coach and her team. As well as this, there are numerous opportunities for members to play in the various club sessions listed below and organise their own private doubles or singles game.

Coaching sessions available:

Basket Drills
Ladies Morning Coaching
Doubles Tactics
Veteran's Training
Match Team Training
Junior Coaching

Club sessions available:

Men's Club Night
Ladies Club Morning
Rusty Rackets Mixed Club
Mixed Club Sessions

SQUASH & RACKETBALL PROGRAMME

We have a thriving squash and racketball section with two heated courts and a viewing gallery. Our program is directed by a professional squash coach who has been coaching in private schools and leisure centres in the area for a number of years. Individual and group coaching for adults and juniors is provided.

The weekly programme is set out below but in addition you can book any available court for private play through our online system available via the website. In addition we run one off tournaments and get togethers throughout the year so please check the website for the latest events. If you are interested in team play we run both internal leagues and we enter teams in the Dorset league.

Monday - 6pm Club Session

Tuesday - League matches/private play

Wednesday - League matches/private play

Thursday - League matches/private play

Friday - 6pm Club Session

Finally our coach is sponsored by HEAD and you can purchase rackets and other essential equipment from her.

For further information please visit the website:
www.milfordtennisandsquash.net

or

Visit the Club in Lucerne Road Milford-on-Sea (SO41 0PL)

or

Telephone: 01590 643899

or

Email: club@milfordtennisandsquash.net

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**FOR ANY OCCASION, PLEASE GIVE US A CALL
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Look forward to seeing you on the court!



The 45 Seniors Tennis Club



Are you a lady 40+ or a man 45+?

Then The 45 Seniors Tennis Club could be a fantastic
2nd club for you...

- **Competitive and Friendly Tennis**
- **Matches and Tournaments played at some great venues around the country and Europe**
- **Small annual membership fee, then Pay to Play**
- **One day tournaments with optional after play drinks and meals**
- **Strong standard, mid-club to national**
- **Extremely welcoming and friendly**
- **No need to have a partner to enter the tournaments**

Our club is truly nomadic, we do not own premises, so we travel around the country playing fantastic competitive tournaments and matches in great venues. We play men's, ladies and mixed doubles in a variety of formats. We are fun, competitive and we are even known to drink a glass of wine or two, mostly after the matches!

If this sounds like fun to you, take a look at our website
www.45seniorstennisclub.com where you can find joining instructions or if
you would like to speak to someone please email
contact@the45seniorstennisclub.com

Why not play a trial tournament as a guest, what have you got to lose?

TABLE TENNIS

The Thursday evening sessions start at 7pm and all members and guests are welcome to attend to see if it may be suitable. We tend not to worry too much about formal rules and regulations and stick to the old 21 points scoring system. We are all still very competitive and none of us likes losing!

We usually have sufficient numbers to play mixed doubles and both ladies and men's doubles depending on who and how many attend. We have two tables, although we tend to use just one unless we have so many players that the games would not come around quickly enough.

One of the older tables has been replaced and the curtain at the northern end of the room ensure games are not interrupted.

We have a few players that have previously played at club and league standard, but have since retired. Nowadays we simply enjoy a good game and a bit of a chin wag.

If you would like a trial session on Thursday evening, please feel free just to turn up at 7pm. You will be made welcome.

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MAHJONG

Mahjong is a fascinating game of luck and chance invented by the Chinese over two thousand years ago. The Chinese call it "The Game of the Four Winds" and it is now played World Wide and no more enthusiastically than at Milford Tennis and Squash Club.

We meet in the Main Club room at 1.45 p.m. on Monday and Wednesday afternoons and play all afternoon with a break for afternoon tea.

It is an easy game to play and also easy to learn – so why don't you come and join our friendly group and challenge this game of Four Winds. You do not need a partner but you will receive a warm welcome.

More information can be obtained from the Club's Website.

SOCIAL & CHARITY EVENTS

Each year the Club puts aside a number of days to support a range of charities suggested by our members.

Over the years these have included supporting victims of Stroke, Prostate Cancer Research, Assistance Dogs and Cancer Research.

If a member proposes a particular event we can usually accommodate it. In addition we support national campaigns wherever possible and hold fund raising events including an annual forest walk.

BRIDGE

The Bridge section at the club caters for all standards of Duplicate Bridge. Our approach is for a friendly atmosphere at all our sessions. We have frequent series of lessons for those who are new to the game and also for improvers, or those who just wish to brush up on their technique.

Tuesday afternoons are the main event for club players. Play commences at 1.45 and players are asked to arrive before 1.30 at the latest. Partners are required for this session which usually finishes around 5pm.

Wednesday mornings are flexible. We can have lessons running as previously mentioned. These are taken by an experienced instructor. Times for these courses may vary. Club members also use Wednesday mornings for casual play, various bridge activities can be running concurrently. These sessions begin at 9.30am.

Thursday afternoons is currently a more relaxed session and if no partner is available then come along and one can be arranged. This currently caters for all standards of play and allows newer players to gain experience in a competitive session with club players. Again, players are requested to arrive before 1.30 for a 1.45 start.

A small charge is made for all sessions. For those on a training course, this cost is included in the tuition fees.

For more information please contact us by telephone 01590 643899 or email: club@milfordtennisandsquash.net or milfordonseat&sbridgeclub

LUCERNE ARTS

Our group was started in 2005 by John and Norma Butler and colleagues. Lucerne Arts is a group of local artists aspiring to grow. We meet on a Tuesday evening between 7.30pm and 9.30pm. Tea and coffee are provided.

We use all mediums which we keep on the premises and include Marquetry in our portfolio for which guidance is provided.

Please come along and join us - we would be delighted to meet with you and have you join in the fun. Visit, telephone or email us to be assured of a friendly welcome.

CLUB HISTORY

The Milford Country Club was formed in 1927 and became a member of the L.T.A, in 1935, purchasing the freehold of its 1.8 acre site in Lucerne Road in 1945. In 1936 the first squash court was built on the site and in 1950 the Squash Club, previously a separate club, merged with the Country Club. The club originally had three grass courts and four hard courts and during these early years, the members largely played social tennis with a limited number of matches being arranged with other local clubs. More recently, bridge, mahjong and table tennis have also become important activities enjoyed by club members. In the late 1990s, the club changed its focus to include competitive tennis, thus providing opportunities for members of all abilities to participate in internal tournaments as well as in matches with neighbouring clubs. In 2001 the club changed its name to The Milford Tennis and Squash club and subsequently obtained the services of a full-time tennis professional. All the courts have been resurfaced in recent years and the Club now possesses seven high-quality artificial grass courts which are much admired by visiting players. Floodlights were installed on three of the courts in 2005 and two further courts in 2013.

In 2007/8, the Club carried out major improvements to the clubhouse which included providing new changing rooms, toilets and kitchen facilities as well as refurbishing the whole of the premises. The full cost of this was £140,000, all of which was met from club funds. Unfortunately, on Boxing Day 2009, a devastating fire destroyed approximately 50% of the club premises sparing only the new kitchen, showers and squash courts. In a little over a year, the Clubhouse was totally rebuilt using the money from the insurance claim, with an additional £29,000 from Club funds being used to completely transform the Clubhouse. The new Clubhouse was formally opened in February 2011 by Mark Cox, the former Davis Cup tennis player, and today the Club is fortunate to have a large function room, and lounge bar capable of hosting events for up to 60 people. Improvements continue to be made to this day. In recent years they have included a new Club entrance, pathways, parking bays and covered gazebo.

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- Probate and administration of estates
- Lasting Powers of Attorney and Court of Protection applications
- Care fees advice



HOW TO JOIN

As a prospective member you may visit the club to make sure we offer what you are looking for. A maximum of 4 visits are allowed before membership is compulsory.

There are a range of different options when joining. This can depend on:

- Whether you are an adult or junior, aged 18-25, or live more than 25 miles from the club
- The activity you would like to pursue

Application forms can be obtained directly from the club where they are available in the foyer or downloaded from the website.

Completed forms should be returned marked for the attention of the Membership Secretary and placed in the letter rack located next to the committee room which again is in the foyer.

Club members with British Tennis membership can opt for inclusion in the annual Wimbledon ticket ballot. Tennis and Squash membership automatically includes all social activities.

We look forward to welcoming you to the club!

COME VISIT US AT

LUCERNE ROAD, MILFORD-ON-SEA, HAMPSHIRE, SO41 0PL

OR LEAVE US A MESSAGE EITHER BY

TELEPHONE : 01590 643899

OR EMAIL US AT:

CLUB@MILFORDTENNISANDSQUASH.NET

FOR MORE INFORMATION VISIT THE WEBSITE

www.milfordtennisandsquash.net